

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	1	333B	Lau Elaine		00:24:21	00:24:21
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	2	4045	Wong Mo Yin	黃慕妍	00:26:49	00:26:46
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	3	4180	Chan Pui Wah Alice		00:27:35	00:27:30
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	4	333C	Lee Tephene		00:28:44	00:28:42
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	5	4050	WONG WING YEE	黃詠珩	00:28:49	00:28:41
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	6	4227	Law Mew Lun	羅妙倫	00:28:57	00:28:31
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	7	256D	Chow Shuk Hing Daisy	周淑卿	00:29:05	00:28:58
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	8	4204	Wong Kelly		00:29:16	00:29:14
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	9	4046	CHUI HIU NAM	徐曉嵐	00:29:17	00:29:04
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	10	4084	Sze Leong Leong		00:29:17	00:29:13
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	11	4182	To Clara	杜婉韻	00:29:20	00:28:40
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	12	275B	Yuen Siu Fan		00:29:46	00:29:24
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	13	4096	Lew Yuk Fong	廖玉芳	00:29:51	00:28:55
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	14	204D	LAM Pui Lui	林蓓蕾	00:29:54	00:29:49
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	15	236B	Kwok Peggy		00:30:16	00:30:13
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	16	4082	C.Gadot Cherry		00:30:23	00:30:18
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	17	236A	Lee Crystal	李素貞	00:30:26	00:30:25
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	18	4184	FONG KAREN		00:30:30	00:30:07
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	19	4044	Luk Chui Yee	陸翠儀	00:30:32	00:30:23
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	20	271D	Leung Pik Kwan		00:30:53	00:30:51
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	21	235C	Ng Mei Mei		00:31:11	00:31:02
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	22	235B	Tsui Mei Ping	徐美萍	00:31:19	00:31:12
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	23	256E	Wong Ching Hang		00:31:22	00:31:11
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	24	4237	wong siu fan	黃小芬	00:31:24	00:31:02
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	25	4139	Lam Tsz Yan	林子茵	00:31:57	00:31:34
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	26	4114	Lam Suk Yin	林淑賢	00:32:03	00:31:30
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	27	241D	Lee Wan Han		00:32:08	00:31:53
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	28	4052	Choi Lin Lai Fiona		00:32:11	00:31:49
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	29	234D	Tang Mei Yuk		00:32:16	00:32:05
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	30	4198	To Kin		00:32:17	00:32:12
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	31	4256	Ko Po Yu	高寶如	00:32:19	00:32:06
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	32	4269	YU PUI YI		00:32:23	00:32:16
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	33	235D	Ng Bing		00:32:31	00:32:20
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	34	263C	WONG KA YEE		00:32:31	00:32:24
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	35	4267	Chiu Amy		00:32:39	00:31:31
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	36	4266	Chiu Ada		00:32:44	00:31:36
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	37	235E	Chan Kam Ling		00:32:47	00:32:37
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	38	4241	WONG SHUK FAN, EVE	黃淑芬	00:32:47	00:31:57
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	39	4192	LEE YUEN MING		00:33:03	00:32:23
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	40	241B	Kwok Ka Pui Agatha	郭嘉珮	00:33:06	00:32:51
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	41	4088	Choi Kit Har	蔡潔霞	00:33:07	00:32:09
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	42	241E	Wong Lung	王璦	00:33:10	00:32:56
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	43	241C	Mong Ka Wing Patricia	蒙嘉穎	00:33:11	00:32:55
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	44	4150	Chiu Yuen Ching Emily	趙婉貞	00:33:12	00:33:03
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	45	4021	Lui Chun Chun	呂珍珍	00:33:13	00:32:24
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	46	256A	NGAN SIK CHUN	顏惜珍	00:33:15	00:33:05
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	47	4155	Lin Susanna		00:33:23	00:32:56
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	48	4148	Wong Pak Suet	黃白雪	00:33:23	00:32:49
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	49	258E	Yeung Yee Wah		00:33:28	00:33:05
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	50	4211	Chong Shuk Fong Irene		00:33:33	00:32:33
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	51	4221	Kui Li Li Lily	居莉莉	00:33:35	00:33:16
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	52	4048	Huen Wai fun	禡惠芬	00:33:47	00:33:46
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	53	264D	Law Sui Ping		00:33:50	00:33:47
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	54	4190	LEUNG SHUK HAN	梁淑嫻	00:33:56	00:33:48
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	55	4200	Ng Mei Yee		00:34:06	00:34:00
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	56	4063	Luk Inna		00:34:08	00:33:54
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	57	4224	Yeung Miu Hung		00:34:13	00:33:10
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	58	4102	Cheung Wai Yi	張慧儀	00:34:16	00:33:59
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	59	4201	CHEN PUI SHAN	陳佩珊	00:34:21	00:34:02
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	60	4186	Mak Chui Shan	麥翠珊	00:34:28	00:34:17
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	61	4116	yeung yau fan		00:34:28	00:33:27
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	62	4197	Lam Yuk Chun		00:34:43	00:34:25
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	63	4236	WONG KIT CHING	黃潔貞	00:34:53	00:34:02
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	64	4068	Law Kit Fong Crystal	羅潔芳	00:34:57	00:34:31
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	65	4111	Lee King king	李琮琮	00:34:58	00:34:31
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	66	4212	Chang Wai chun	張偉珍	00:34:58	00:34:13
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	67	4164	Hung On Ki		00:35:08	00:34:02
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	68	234B	Chung Yuen Yi		00:35:13	00:34:53
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	69	4239	Pang Me Ho	彭美好	00:35:15	00:34:11
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	70	4146	Wong Ying		00:35:17	00:34:31
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	71	258F	Luk Pui Kwan	陸佩君	00:35:25	00:35:02
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	72	276D	Lee Suk Fong Jupiter		00:35:26	00:34:57
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	73	4032	Yau Fanny		00:35:26	00:35:12
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	74	4183	Or Lai Yee	柯麗兒	00:35:30	00:34:25
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	75	4177	Chan Sui Lin	陳瑞蓮	00:35:32	00:34:53
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	76	4217	Chiu Karen		00:35:42	00:34:47
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	77	4243	NG WAI WAI FANNY		00:35:43	00:35:16
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	78	231A	Lo Suzanne		00:35:57	00:35:51
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	79	4171	Lam Pui Yee		00:36:10	00:35:34
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	80	4158	Chan Suk Ching	陳淑貞	00:36:17	00:35:46

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	81	4047	woo mei kiu	胡美嬌	00:36:19	00:36:11
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	82	4030	LAU YUK CHEUNG		00:36:26	00:35:53
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	83	278A	Shih Ivy		00:36:29	00:36:03
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	84	4024	Chiu Mei Hang	趙美恒	00:36:29	00:35:33
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	85	4173	Wong Lai Yee	黃禮儀	00:36:30	00:36:23
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	86	236C	MAK WAI SHAN	Mak	00:36:35	00:36:33
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	87	4199	Lai Yuk Fan Lydia	黎玉芬	00:36:36	00:35:42
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	88	4145	Nunes Ana		00:36:39	00:36:23
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	89	4233	Yiu Lai Yee	姚麗兒	00:36:43	00:36:04
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	90	275C	Chan Shuk Fan		00:36:49	00:36:27
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	91	235A	CHAU MAN FONG		00:36:49	00:36:39
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	92	256B	CHEUNG HIU YIM		00:36:53	00:36:45
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	93	4167	Chiu Sally	趙筱玲	00:37:00	00:36:39
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	94	4133	Sy Siu Ting Nicole	施少婷	00:37:01	00:36:21
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	95	4157	Li Wing chun	李泳珍	00:37:01	00:36:25
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	96	4257	Chiu Wai Yin	趙慧賢	00:37:06	00:36:58
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	97	4026	Choi Siu Yee	蔡紹宜	00:37:20	00:36:24
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	98	4216	Lam Mei Man		00:37:25	00:36:53
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	99	4098	Lam Wai Chi		00:37:27	00:36:37
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	100	4228	Fung Siu Fung		00:37:29	00:36:58
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	101	333A	Leung Ida		00:37:48	00:37:47
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	102	271A	Cheng Ching Ching		00:37:50	00:37:47
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	103	4272	Ng Siu Kuen Sindy		00:38:00	00:37:32
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	104	236D	Ng Charlotte		00:38:02	00:38:01
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	105	275E	Leung Suk Mei		00:38:05	00:37:44
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	106	4100	WONG WAI YEE	黃惠儀	00:38:06	00:37:50
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	107	4076	Chan Yee Shan	陳懿珊	00:38:06	00:37:29
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	108	4056	Tong Tung Ivy		00:38:25	00:37:34
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	109	4189	Low Sophronia	劉小麗	00:38:25	00:37:50
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	110	4250	Wong Wai Ching	黃慧清	00:38:26	00:38:23
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	111	4225	Cheung Yu Wei		00:38:29	00:37:25
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	112	4022	FONG WAI	方慧	00:38:31	00:38:21
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	113	256F	Wong Manki	黃敏琪	00:38:32	00:38:21
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	114	4193	Lo Ka Wai Winnie	盧家慧	00:38:33	00:37:49
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	115	212A	Yuen Kit Yee	袁潔儀	00:38:37	00:38:31
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	116	4191	CHAN YUK YIP CARMAN		00:38:42	00:38:13
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	117	4142	Cheung Ka Yee	張嘉儀	00:39:12	00:38:56
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	118	4196	Wong Oi Yee		00:39:18	00:39:05
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	119	4113	Xavier Anok Raquel		00:39:25	00:39:09
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	120	4168	So Fung Ping		00:39:42	00:39:15
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	121	4252	Lam Yuen Kan	林婉芹	00:39:45	00:38:52
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	122	4230	YIP LAI SHAN	葉麗珊	00:39:55	00:38:58
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	123	4039	CHEUNG YUEN LING	張婉齡	00:40:42	00:40:32
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	124	4207	Wong Choi Lin		00:40:42	00:40:18
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	125	4112	Chan On Na	陳安娜	00:40:50	00:40:10
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	126	4238	KO PIK YUK	高碧玉	00:40:55	00:39:50
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	127	4240	FAN SHUI KING	范瑞琮	00:40:55	00:39:52
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	128	4106	Yuen Man Fong		00:41:00	00:40:05
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	129	225A	Yau Pui Pui	邱佩佩	00:41:09	00:41:06
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	130	4179	Wan Hoi Shan Vincy	尹海珊	00:41:16	00:40:22
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	131	4055	Li Hoi Yee	李凱儀	00:41:18	00:40:27
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	132	4137	Tai Siu San Susanna		00:41:29	00:41:18
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	133	4165	Yeung Tsz Tung Artesian	楊芷彤	00:41:38	00:40:41
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	134	4162	Chan On ki	陳安琪	00:41:44	00:41:05
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	135	4223	Pang Siu Mui	彭紹梅	00:41:47	00:41:10
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	136	4202	WONG PUI LING	王珮玲	00:41:48	00:41:11
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	137	4124	Chan Chung Wai		00:41:49	00:41:02
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	138	4209	Liu Kin Chin		00:41:49	00:41:02
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	139	4138	TAM FUNG SUN	譚鳳新	00:41:52	00:40:48
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	140	4090	WONG PUI WAH	黃佩華	00:42:00	00:41:01
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	141	265E	Lai Wing Yi Monica	黎穎儀	00:42:32	00:42:28
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	142	4264	Man Fung Ying	文鳳英	00:42:51	00:41:48
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	143	4091	Yuet Ngan Sze Jessica		00:43:06	00:42:43
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	144	4117	Lam Ngan Lan	林銀蘭	00:43:08	00:42:30
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	145	4073	ching eliza		00:43:10	00:42:09
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	146	203A	LEUNG POLLY		00:43:31	00:42:59
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	147	4143	Kam Jennifer		00:44:01	00:43:40
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	148	4144	Mak Yin ping jannie	麥燕萍	00:44:01	00:43:40
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	149	4215	Ma Sau Mui	馬秀梅	00:44:24	00:43:58
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	150	230B	Tsoi Kan		00:44:25	00:44:18
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	151	4176	Tong Sze Wan		00:44:30	00:43:41
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	152	4101	POON YIM TING	潘艷婷	00:44:48	00:44:31
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	153	4194	Chan So LAN Phyllis	陳素蘭	00:44:58	00:44:13
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	154	4156	IM Weng kam	嚴咏琴	00:45:13	00:44:37
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	155	4251	WONG FUNG	王楓	00:45:23	00:45:10
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	156	4140	Hung Pei Fen	洪佩芬	00:46:13	00:45:10
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	157	4126	Wong Pui Chi		00:46:33	00:45:43
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	158	4041	Wong Hau Ngai	黃巧艾	00:47:20	00:47:10
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	159	4398	Lo Cinderella		00:54:38	00:53:26
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	160	279B	WU CHOI HUNG		01:00:06	00:59:30

海航·奧比斯跑向光明
(8 April 2017, Temp:23-27 C Relative Humidity: 73 - 93 %)

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	DNF	4020	Chan Wai Ming	陳慧銘		
個人女子壯年1組(40 - 49歲)	Individual Female Adult 1 (Age 40-49)	DNF	4071	Wong Ming See Elaine	黃銘詩		

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	1	4349	Chan Kit Ha	陳潔霞	00:24:41	00:24:38
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	2	270A	LEUNG HELEN		00:25:21	00:25:17
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	3	4282	NG Wai King	吳惠琼	00:25:26	00:25:24
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	4	4376	Lee Wei Fun	李慧芬	00:27:53	00:27:48
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	5	264C	Wong Chau Kuk		00:28:17	00:28:13
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	6	4344	Fung Man Lai	馮文麗	00:29:25	00:29:15
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	7	4362	LEE SIU SIN, CATHERINE		00:29:33	00:29:30
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	8	4323	poon wai yin liza	潘偉賢	00:29:53	00:29:50
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	9	4379	FONG Winnie		00:30:16	00:30:08
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	10	4309	LAM YIM MEI		00:30:58	00:30:54
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	11	270B	LEUNG CATHERINE		00:31:08	00:31:06
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	12	216B	Wong Heung Wah		00:31:36	00:31:05
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	13	4390	WONG WAI LAN	黃惠蘭	00:31:53	00:31:47
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	14	881A	YEUNG KAM YUK		00:32:15	00:31:57
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	15	4308	HUI SHUN HING JANET	許舜 夕即	00:32:20	00:31:26
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	16	234E	Yeung Shuk Yin		00:32:53	00:32:42
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	17	216A	Wong Heung Hung		00:33:12	00:32:39
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	18	4369	CHU CHAI HO	朱齊好	00:33:17	00:33:16
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	19	4279	Chong Mei Tsz	莊美子	00:33:29	00:32:19
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	20	245D	Yu Pik Chu		00:34:04	00:33:47
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	21	4356	SUEN WOON NGOR	孫煥娥	00:34:27	00:34:21
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	22	4275	Yim Shuk Wai Anita	嚴淑瑋	00:34:33	00:34:12
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	23	4353	Cheng Chi Yuk, Eva	鄭志玉	00:34:39	00:33:54
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	24	4292	chan man fung jacki	陳文鳳	00:34:40	00:33:42
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	25	4383	Wong Yee Kwan	王綺君	00:34:47	00:34:22
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	26	4339	Lui Pik Ha	呂碧霞	00:34:51	00:34:04
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	27	4288	Chan Bik Wah		00:34:54	00:33:54
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	28	4374	LAU WAI LING, Joet	劉慧玲	00:34:59	00:34:29
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	29	4296	Lam Kit Ping	林潔冰	00:35:05	00:34:41
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	30	4302	Lee Yan Yan	李恩恩	00:35:14	00:34:10
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	31	4307	Lam SaNny	Lam曉菁	00:35:26	00:35:17
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	32	4380	Chan Yuk Lin Season	陳玉蓮	00:35:31	00:35:18
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	33	264F	Tsang Miu Ling		00:35:54	00:35:50
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	34	264B	Tsoi Ki Shuen	蔡奇璇	00:36:01	00:35:56
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	35	4286	Kwok Po Lan		00:36:10	00:35:34
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	36	271E	Poon Yin Fong Ivy		00:36:20	00:36:14
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	37	271C	Wong Lai Man		00:36:20	00:36:17
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	38	4293	Mok Lai Kuen	莫麗娟	00:36:24	00:35:19
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	39	4370	CHEUK YUK LAN	卓玉蘭	00:37:08	00:36:18
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	40	4367	CHAN WAI PING		00:37:09	00:36:44
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	41	4300	CHAN PUI LING	陳佩玲	00:37:30	00:37:04
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	42	276E	Poon Rachel		00:38:03	00:37:34
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	43	4318	FU CHOI LING	傅彩玲	00:38:03	00:37:11
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	44	4310	Tse Chui Hung	謝翠紅	00:38:07	00:37:20
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	45	4352	Tse June Yee Mei		00:38:20	00:37:50
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	46	4290	Lui Shuk Ling	呂淑玲	00:38:37	00:37:30
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	47	4373	Chan Abby	陳麗群	00:38:41	00:38:22
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	48	4331	Yeung Sau Fong	楊秀芳	00:38:43	00:38:08
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	49	4387	Tsui May Ling, Stella	徐美玲	00:38:58	00:38:33
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	50	4355	Keung Fuk Lin	姜福蓮	00:38:58	00:38:56
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	51	271B	Chan Mei Kiu	陳美嬌	00:39:15	00:39:12
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	52	4301	CHAN KWOK PING	陳國平	00:39:36	00:38:43
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	53	4388	Wong Mei Yuk Virginia		00:42:19	00:41:27
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	54	4299	WONG Shuet Mui	黃雪梅	00:42:19	00:41:35
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	55	4366	Chui Wai Yuk Molly	徐惠玉	00:43:03	00:42:17
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	56	268A	Lee Ka Ling	李嘉齡	00:43:29	00:43:23
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	57	4327	Wu Shuk Han Shirley		00:43:37	00:42:36
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	58	4336	Wong Kit Chu Angela	王潔珠	00:43:39	00:42:56
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	59	4397	Chau Chi Chun Patricia	周慈真	00:44:30	00:43:55
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	60	230C	Lau Mei lan		00:45:56	00:45:48
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	61	4320	Wong Kit Li Doris		00:46:48	00:46:06
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	62	234A	LIU SHUK YEE		00:48:01	00:47:41
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	63	211B	Yu Chi Ming Maggie		00:51:20	00:50:55
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	64	217B	Lam Eva		00:53:42	00:53:07
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	65	4386	Leung Sau Ha		00:54:38	00:53:46
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	66	242C	TANG SUI KENG		00:55:24	00:55:00
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	67	282D	WONG LAI MING		00:59:27	00:59:16
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	68	279F	CHAN FUNG MING		01:00:07	00:59:29
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	69	279C	TAM FUNG KWAN		01:00:07	00:59:32
個人女子壯年2組(50歲或以上)	Individual Female Adult 2 (Age 50 or above)	70	279A	LEE WAI LING		01:00:08	00:59:30

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	1	1033	Leung Heung Yin	梁向然	00:23:25	00:23:22
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	2	1032	Leung Long Yin	梁朗然	00:23:48	00:23:44
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	3	1079	Yu Man Yee April	余萬儀	00:24:38	00:24:12
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	4	1012	cheung mei yee may	張美嫻	00:26:40	00:26:35
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	5	1128	YIP WING SHAN	葉穎嫻	00:27:30	00:27:08
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	6	1013	Liang Ching Lan	梁靖蘭	00:28:02	00:27:27
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	7	830D	Ng Yan Mei		00:28:25	00:28:06
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	8	1138	Tsang Mei Yin		00:28:48	00:28:26
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	9	1066	YAU CHEUK HEI ANNETTE		00:29:41	00:29:22
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	10	1107	Choi Eunice	蔡嘉雯	00:29:42	00:29:32
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	11	838E	Yiu Chi Hung		00:29:58	00:29:45
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	12	1108	Mok Mandy	莫敏嫻	00:30:01	00:29:55
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	13	1064	Wong Ting In	黃婷嫻	00:30:13	00:29:39
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	14	1045	Wong Nim Chi	王念慈	00:30:17	00:29:59
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	15	1039	LEE YUEN YAN		00:30:17	00:30:10
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	16	268F	Szeto Wai yan		00:30:20	00:30:15
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	17	1083	CHAI WING HUNG		00:30:22	00:30:03
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	18	1044	Leung Yuen shan	梁婉嫻	00:30:24	00:30:04
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	19	262B	Lam Yuen Ying		00:31:29	00:31:17
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	20	1001	Li Sze Wai		00:31:31	00:30:59
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	21	222B	Lok Ho Ying		00:31:31	00:31:01
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	22	1134	Hui Chun Chun		00:31:45	00:31:36
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	23	1053	ZENG YANJUN	曾燕君	00:31:46	00:31:35
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	24	1002	Yuen Nicole		00:31:47	00:31:24
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	25	217D	WONG WING SUM		00:31:50	00:31:17
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	26	1050	Yeung Tsz Ki	楊梓淇	00:32:11	00:31:27
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	27	1129	Yuen Yuk Ying	阮玉盈	00:32:12	00:31:43
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	28	1055	Wong Kwan Lam		00:32:17	00:31:47
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	29	1091	YEUNG Wing In Lianne	楊穎妍	00:32:29	00:32:05
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	30	269C	Chun Ching		00:32:34	00:32:24
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	31	1090	Wong Kam Yan	王錦恩	00:32:36	00:32:11
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	32	249A	Chung Pui Tung	鍾沛彤	00:32:42	00:32:24
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	33	1047	Lam Hiu Wai	林曉蔚	00:32:43	00:32:27
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	34	234C	Wang Xiangjun		00:32:53	00:32:33
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	35	1141	CHEN SHOK YIN, SOPHY		00:32:59	00:32:53
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	36	265B	TIU LOK YI	刁樂兒	00:33:06	00:33:03
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	37	269E	Wong Po Yee		00:33:07	00:32:56
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	38	268D	Lam Yin Man	林賢文	00:33:07	00:33:01
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	39	1115	Tse Sau Kam	謝秀琴	00:33:10	00:32:58
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	40	223A	Tsang Wai Shan	曾慧珊	00:33:12	00:32:41
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	41	1014	Chan Kei Wah	陳紀樺	00:33:27	00:33:02
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	42	333D	Yeung Theodora		00:33:38	00:33:36
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	43	1041	Wong Man Yan	黃敏欣	00:33:41	00:33:38
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	44	832A	WONG Yuk Ting		00:33:52	00:33:33
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	45	280A	kong ka yee		00:33:55	00:33:17
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	46	222D	Wong Paak Yuk		00:34:01	00:33:30
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	47	222A	TANG TSZ CHING CARITA	鄧芷菁	00:34:02	00:33:31
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	48	1060	Lam Wai Sze		00:34:02	00:33:58
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	49	1124	CHAN PUI YING	陳佩瑩	00:34:03	00:34:00
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	50	1074	Ng Sui Hei		00:34:07	00:33:42
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	51	1016	Lau Kayla	劉瑛琪	00:34:12	00:33:38
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	52	269A	MAN KI FONG		00:34:16	00:34:06
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	53	220A	NG TAN		00:34:32	00:34:09
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	54	1070	Chan Lok Yee		00:34:39	00:34:26
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	55	1117	WAN WAI GI	尹慧芝	00:34:39	00:34:35
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	56	1022	LUI CHING YIN	呂貞賢	00:34:46	00:34:42
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	57	1031	Tsang Fung lam	曾	00:34:46	00:34:40
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	58	882D	CHAN CHUI TING		00:34:52	00:34:40
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	59	1010	SO MOON YUK		00:35:20	00:34:50
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	60	280E	li yuet yu		00:35:33	00:34:56
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	61	280B	man yuen sze		00:35:33	00:34:54
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	62	1123	Tsang Sze Ming	曾詩銘	00:35:33	00:35:19
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	63	1068	LAU CHEUK KI	劉卓淇	00:35:37	00:35:15
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	64	1135	WONG WING CHING		00:35:41	00:34:48
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	65	269B	Wong Tsui Fan		00:35:45	00:35:35
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	66	251C	Leung Hoi Ching		00:35:45	00:35:11
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	67	251D	Zhao Sha		00:35:45	00:35:13
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	68	803A	WONG TAN PING	黃丹屏	00:35:46	00:35:32
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	69	251E	LEE Wing Tung		00:35:55	00:35:21
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	70	240E	Lam Ping	林嫻	00:35:55	00:35:51
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	71	268C	Wong Yuk yan		00:35:55	00:35:48
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	72	268B	CHUI Yuen ying	徐宛盈	00:35:56	00:35:49
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	73	251A	CHIU Tin Wing Katie	趙天穎	00:35:56	00:35:23
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	74	1118	Wong King Lok	王經樂	00:35:57	00:35:44
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	75	251B	Lee An Ting		00:35:57	00:35:22
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	76	1139	Ho Wing yu	何泳瑜	00:35:58	00:35:22
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	77	264E	Chan Wai Shan		00:36:04	00:36:01
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	78	1143	Ng Ho Yan	吳可欣	00:36:09	00:35:46
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	79	1149	Wu Sze Wan		00:36:10	00:35:49
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	80	803D	SO YING SUET		00:36:17	00:36:04

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	81	1063	Chan Cheuk Laam	陳焯嵐	00:36:24	00:36:10
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	82	1105	FUNG WAN YEE TIFFANY		00:36:30	00:36:18
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	83	1051	Chau Heung Ying	周香瑩	00:36:31	00:36:15
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	84	1052	Chui Ka Man	崔嘉雯	00:36:38	00:36:12
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	85	201B	Cheung Hiu Lam		00:36:39	00:36:23
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	86	233D	YUEN Kit Yan		00:36:41	00:36:21
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	87	233B	HO Shuk Ting		00:36:41	00:36:21
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	88	262F	Lau Ming To		00:36:42	00:36:29
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	89	1136	LAM Yim		00:36:43	00:36:18
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	90	237A	LI CHAU YI		00:36:45	00:36:38
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	91	1075	Tang Shin hui	鄭欣慧	00:36:46	00:36:14
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	92	228A	TAN Anjelica Chui		00:36:55	00:36:28
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	93	1078	AU-YEUNG WING HANG		00:36:59	00:36:44
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	94	1025	Liu Lok Kwan	廖樂君	00:37:01	00:36:42
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	95	226D	Kwok Sze Ting	郭詩婷	00:37:07	00:36:34
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	96	1029	LIN Miaorong	林妙蓉	00:37:23	00:37:06
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	97	888F	Chan Pui Yan		00:37:34	00:37:09
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	98	1035	Lam Kwan Yin	林君彥	00:37:43	00:37:37
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	99	880F	WU WING HAN		00:37:49	00:37:29
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	100	1076	Quek Yi Lian		00:37:50	00:37:19
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	101	1119	Wong Chau Yi	黃秋怡	00:37:56	00:37:44
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	102	210D	Dap Yan		00:38:00	00:37:30
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	103	333F	Lau June		00:38:05	00:38:03
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	104	1004	Lo Ka Tung	羅嘉彤	00:38:12	00:37:43
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	105	1140	LAW MEI TUNG LILIAN	羅漢瞳	00:38:14	00:37:41
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	106	883D	LING OI YAN		00:38:26	00:38:06
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	107	1042	Pang Tsz Yan	彭梓茵	00:38:33	00:38:30
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	108	261A	CHAN YEE YAN	陳以恩	00:38:42	00:38:16
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	109	1084	Ho Meg		00:38:47	00:38:15
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	110	269F	Tang Choy Wah Vani	鄧采樺	00:38:51	00:38:42
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	111	1092	Tang Pui Yee	鄧佩儀	00:38:55	00:38:39
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	112	521J	ZHOU Ivy		00:38:56	00:38:47
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	113	245C	Lam Tsz Yan		00:39:03	00:38:45
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	114	269D	Cher Chae Yin		00:39:08	00:38:58
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	115	229B	TSZ SUI YU		00:39:40	00:39:28
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	116	228B	LEUNG PIK SUM		00:39:40	00:39:13
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	117	333E	Chiu Phoebe		00:39:48	00:39:46
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	118	1034	Ng Vikki		00:39:50	00:30:05
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	119	884E	NG WAI LING		00:39:50	00:39:39
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	120	1097	WONG MAN SI	黃文詩	00:40:00	00:39:27
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	121	1116	KO MAN CHEUNG JENNY	高敏璋	00:40:01	00:39:22
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	122	224B	Wong Tsz yu		00:40:02	00:39:31
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	123	1018	Cheng Lee Sze	鄭莉思	00:40:17	00:39:58
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	124	1146	Tang Samuela		00:40:23	00:40:02
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	125	1021	Chiu Ho Lam		00:41:16	00:41:13
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	126	226B	Lau Yik Ki		00:41:56	00:41:24
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	127	831B	Tang Sin Ying		00:42:15	00:41:57
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	128	1086	Wong Tsz Yan		00:42:17	00:41:47
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	129	1026	Chan Hei Lam	陳熙琳	00:42:48	00:42:28
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	130	233C	LAI Wing Sze	黎詠詩	00:43:05	00:42:45
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	131	883E	WONG PO LIN		00:43:10	00:42:51
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	132	828E	Chan Kai Yan		00:43:11	00:42:55
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	133	818E	LAU Pui Wa		00:43:11	00:42:56
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	134	278D	AuYeung Cherie		00:44:15	00:43:48
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	135	1058	Wong Po Yan	黃寶欣	00:44:48	00:44:41
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	136	228D	SHEK HOI YIU		00:44:53	00:44:27
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	137	1126	LUI LAI SHAN LISA		00:45:08	00:44:50
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	138	220C	Yung MO Ki		00:45:19	00:44:59
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	139	882B	LIU YIN KING		00:45:24	00:45:13
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	140	225C	Chan Sin Tung		00:45:28	00:45:25
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	141	228C	WONG LING WAI		00:46:54	00:46:27
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	142	223C	Wong Kit Yee		00:47:32	00:47:00
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	143	1148	Kok Yat Shan	郝逸珊	00:47:33	00:47:00
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	144	1005	Chan Chui Man	陳翠敏	00:55:46	00:55:16
個人女子青年1組(18 - 29歲)	Individual Female Elite Youth 1 (Age 18-29)	DNF	208A	Mao jiajia	毛嘉佳		

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	1	1449	Au Wai Yin	區偉賢	00:23:02	00:23:00
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	2	243A	CHEUNG KA KI		00:25:42	00:25:41
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	3	1346	Yang Yingyan	楊盈艷	00:27:03	00:27:03
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	4	1276	cheung wan ping		00:27:30	00:27:25
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	5	1249	Yu Mickey		00:27:31	00:27:00
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	6	1403	MO PUI KWAN		00:27:34	00:27:32
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	7	264A	Chan Lok Man	陳樂敏	00:27:40	00:27:36
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	8	1431	NG KA YAN		00:27:42	00:27:09
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	9	246C	Ching Hoi Lam Helen		00:28:18	00:28:03
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	10	1209	KONG LING WING		00:28:25	00:28:17
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	11	1360	Kwong Renata	KwongWai-Ying	00:28:30	00:28:01
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	12	1451	YAU HIU CHING	邱曉晴	00:29:34	00:29:31
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	13	1381	Chan Yo Yo	陳玉瑤	00:29:40	00:29:37
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	14	1430	Li Ka yee		00:30:00	00:29:55
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	15	265D	CHAN PO WAN	陳寶雲	00:30:04	00:30:01
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	16	263F	Wong Wa Nor		00:30:05	00:29:59
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	17	1338	LI TSZ WAI	李子慧	00:30:06	00:29:50
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	18	1225	Wong Ka Yee Kelly		00:30:06	00:29:55
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	19	1476	Ng Irene		00:30:09	00:29:43
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	20	1471	Choi Man Yee	蔡敏兒	00:30:17	00:30:00
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	21	1466	TANG HEI MAN		00:30:22	00:30:16
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	22	265A	LEUNG SHUK FAN		00:30:23	00:30:19
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	23	263A	CHONG TING LAM		00:30:25	00:30:18
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	24	1301	Lam Chui Ting		00:30:31	00:30:06
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	25	1408	YEUNG KA YAN		00:30:33	00:30:26
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	26	1233	Wu Ching Man	胡靜雯	00:30:47	00:30:22
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	27	1240	Chan Ka Ki	陳家琪	00:31:00	00:29:59
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	28	1418	HO PUI MAN	何佩雯	00:31:06	00:30:30
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	29	1461	Yeung Sze Man	楊思敏	00:31:10	00:30:43
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	30	1184	Leong Hou Lam	梁浩嵐	00:31:18	00:30:57
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	31	250B	Tse Yuk chun		00:31:38	00:31:28
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	32	1177	FUNG HOI YING	馮凱盈	00:31:39	00:31:11
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	33	263D	LAM KA LAI CARRIE		00:31:44	00:31:37
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	34	1227	TSANG HO YAN	曾浩恩	00:31:49	00:31:08
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	35	1386	Wong Keenie	WongKing Yu	00:31:56	00:31:32
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	36	209D	Chow Swan		00:32:01	00:31:54
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	37	1176	WONG CHUNG LAM	黃頌琳	00:32:01	00:31:33
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	38	1370	WONG WING KWAN VIVIAN	王泳筠	00:32:02	00:31:35
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	39	241A	Lau Yan Yan		00:32:07	00:31:54
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	40	1255	HO WUN YEE	何煥儀	00:32:10	00:31:44
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	41	204C	Ng Wan Chi		00:32:11	00:32:06
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	42	833C	Chang Ivy		00:32:17	00:32:00
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	43	1196	CHU YI YAN	朱懿欣	00:32:19	00:32:16
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	44	1195	Li Wing Sum	李詠森	00:32:21	00:32:02
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	45	265F	CHAU MEI KI		00:32:22	00:32:19
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	46	1432	CO GA JEAN	顧家真	00:32:22	00:32:03
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	47	214C	Chan Ka Yi		00:32:25	00:32:08
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	48	244D	CHAN YIN TING		00:32:26	00:32:03
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	49	1419	SIU KIN YEE		00:32:43	00:32:43
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	50	219A	Yiu Suet Yam	姚雪欽	00:32:50	00:32:36
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	51	219D	Cheung Ning Teresa		00:32:50	00:32:36
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	52	1236	FONG HAU YI		00:32:55	00:32:35
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	53	1234	LAM WING LING		00:32:55	00:32:36
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	54	1151	Leung Wai Yin	梁慧妍	00:33:01	00:32:00
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	55	1311	Chan Pak Yan	YaNYaN	00:33:01	00:32:56
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	56	1384	Pong Ka Yin	龐嘉妍	00:33:05	00:32:37
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	57	1330	LAM Wai-kuen		00:33:12	00:32:55
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	58	1457	Leung Yee Yan	梁綺茵	00:33:15	00:33:09
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	59	1390	LAU SZE WAI	劉詩慧	00:33:20	00:32:58
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	60	277A	Ho Lisa	何倩恒	00:33:22	00:32:59
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	61	1463	SZE WING TUNG	史詠彤	00:33:28	00:33:19
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	62	1170	WONG CHE MAN SHIRLEY	黃子敏	00:33:30	00:33:21
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	63	1462	WONG YIM LIN	WONGYIM LIN	00:33:40	00:33:31
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	64	248E	Tang So Yu		00:33:44	00:33:20
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	65	1454	Cheung Hoi Yan	張海茵	00:33:45	00:33:33
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	66	253B	Ho Wun Ting		00:33:53	00:33:50
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	67	1315	Wong Yuen Ting		00:33:56	00:33:50
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	68	1359	Kou Natalia		00:33:58	00:33:52
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	69	1399	Chan Hoi Ling		00:34:01	00:33:39
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	70	1222	To Yeuk Ting	杜若婷	00:34:02	00:33:57
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	71	263B	FUNG YUEN FAN	Fung	00:34:05	00:33:59
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	72	1452	CHIU SHUI FAN	趙萃芬	00:34:10	00:33:48
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	73	1277	Ng Moon		00:34:20	00:34:11
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	74	1183	So Sui Lam	蘇瑞霖	00:34:32	00:34:12
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	75	210C	Yeung Ka Ki		00:34:46	00:34:15
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	76	1329	LAW SIU PING	羅少萍	00:34:56	00:34:32
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	77	246E	Yeung Ka Wai		00:34:56	00:34:42
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	78	1374	KAM GLODIA		00:35:00	00:34:48
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	79	1164	Lee Oi Ki	李藹琦	00:35:02	00:34:37
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	80	1352	Chu Kin Ling Karis		00:35:07	00:35:01

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	81	1224	Wan Wing yee stella marie	尹詠頤	00:35:11	00:35:02
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	82	226A	LEUNG WING YIN		00:35:17	00:34:46
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	83	1152	Tang Man Yi		00:35:18	00:34:47
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	84	1246	Ha Ka Yee		00:35:23	00:35:08
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	85	250A	Pang Shuk chong	彭淑莊	00:35:25	00:35:15
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	86	1210	NG WING SZE	吳穎詩	00:35:26	00:35:06
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	87	828D	Lee Karyn		00:35:27	00:35:14
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	88	1316	Lee Sze Hang Joyce		00:35:27	00:35:24
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	89	1190	YAU KA HEI LYNETTE		00:35:32	00:35:14
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	90	248C	Tang So Shan		00:35:33	00:35:09
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	91	1445	Ko Ngar Sze	高雅詩	00:35:43	00:35:36
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	92	1355	CHAN SHUK MAN	陳淑敏	00:35:45	00:35:23
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	93	1212	Shih Lai Put	施麗潑	00:35:50	00:35:36
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	94	1242	Lui Siu Wai		00:35:55	00:35:52
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	95	238C	Luk Wing Yin Winnie		00:35:55	00:35:19
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	96	1473	Lok Po Yee	駱保儀	00:35:57	00:35:43
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	97	1219	Lo Pui yi		00:36:02	00:35:38
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	98	246D	Wong Lok Sze		00:36:05	00:35:49
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	99	1308	Ma Lai Hung	馬麗紅	00:36:18	00:35:55
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	100	1307	Chun Ka Chu		00:36:19	00:35:55
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	101	1244	Cheung Yuk Lin	張玉蓮	00:36:20	00:35:51
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	102	1172	WONG SARAH		00:36:29	00:36:18
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	103	1179	Wong Suet Yee	黃雪儀	00:36:31	00:36:18
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	104	1447	Tong Wing Kei		00:36:31	00:36:12
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	105	1314	TANG WING KI		00:36:33	00:36:26
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	106	1266	go tung yuen	吳東婉	00:36:35	00:36:29
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	107	1248	WAN CHING MAN	溫靜文	00:36:36	00:36:20
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	108	1332	To Kwei Chun Grace		00:36:40	00:36:17
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	109	1232	LUMICAO COCOA MING KAM WONG		00:36:41	00:36:36
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	110	1218	Leung Shuk Fong	梁淑芳	00:36:51	00:36:43
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	111	1191	Tang Victoria		00:36:51	00:36:43
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	112	1361	YUNG LAU PING	容柳平	00:37:00	00:36:37
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	113	1169	Lin Wing Han		00:37:02	00:36:49
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	114	219B	Lau So Man		00:37:10	00:36:55
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	115	1305	Tang Mei Ki	鄧美琪	00:37:18	00:37:04
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	116	1285	KWOK SIU YING SARAH		00:37:26	00:37:17
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	117	1155	Lee Ying Fung		00:37:32	00:37:19
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	118	1331	Wong Ka Yin	黃家燕	00:37:37	00:37:29
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	119	1353	Ko Ka Man	高嘉敏	00:37:46	00:37:43
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	120	1470	Ho Yiu Lam		00:37:49	00:37:30
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	121	1290	Lau SZE MAN	劉詩敏	00:37:51	00:37:28
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	122	1389	CHAN SO SAN	陳素珊	00:37:53	00:37:49
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	123	1327	YEUNG HIU KWAN		00:37:54	00:37:42
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	124	275A	Chau Lai Kwan		00:38:01	00:37:38
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	125	1440	Chan Mei Yee	陳美儀	00:38:05	00:37:31
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	126	1321	FUNG HOI YEE	馮凱怡	00:38:10	00:38:06
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	127	1271	Poon Hoi Yi		00:38:11	00:37:57
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	128	276A	Cheung Yuen Fong		00:38:15	00:37:46
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	129	1312	Li Ka Yi	李嘉怡	00:38:16	00:37:47
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	130	1287	LAM SIN YI		00:38:21	00:38:16
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	131	1411	Tam Wing Sze		00:38:23	00:38:12
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	132	1340	AU KA LAI	區嘉麗	00:38:26	00:38:03
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	133	1304	YUEN SAU CHING	阮秀楨	00:38:33	00:38:19
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	134	1182	Wong Yuk Yin	王玉燕	00:38:35	00:38:09
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	135	1354	Siu Hiu Wa	蕭曉華	00:38:37	00:38:28
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	136	1292	CHAN HOI YING	陳凱盈	00:38:39	00:38:13
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	137	1433	Chan Wing Yan		00:38:46	00:38:29
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	138	238E	Ho Wai Yee		00:38:49	00:38:14
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	139	238A	Cheung Ka Ki		00:38:49	00:38:12
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	140	213A	YEUNG YUK YAN		00:38:55	00:38:26
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	141	227C	KAM WAI IN		00:39:11	00:38:29
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	142	1441	LEUNG WAI YAN	梁偉茵	00:39:14	00:38:54
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	143	1383	LAW KIT YING	羅潔盈	00:39:20	00:39:14
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	144	1159	Law Pui ling		00:39:26	00:39:05
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	145	1405	li Siu Wai		00:39:26	00:39:23
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	146	245A	Kut Chi Po	吉智寶	00:39:26	00:39:09
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	147	206A	WONG Yin Man	黃燕雯	00:39:28	00:39:15
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	148	275D	Chan Shuk Kwan		00:39:30	00:39:09
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	149	1377	Wong Fung Chi Erin		00:39:38	00:39:23
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	150	229D	Chan Mei Kwan		00:39:40	00:39:29
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	151	1320	KWOK KIM MAN ALICE	郭劍雯	00:39:48	00:39:37
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	152	1268	Lam On Tin		00:40:03	00:39:50
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	153	883C	SIT YING WAI		00:40:09	00:39:48
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	154	1318	Ho ka wing	何嘉穎	00:40:13	00:39:52
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	155	1261	LO WING CHI WYNNE	勞穎姿	00:40:19	00:39:40
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	156	244E	WU Nga Wai		00:40:21	00:39:56
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	157	1231	Chan Lok Yi	陳樂怡	00:40:24	00:40:19
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	158	1480	Heidi Kwok		00:40:26	00:40:00
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	159	1474	Chong Ching Yin	莊靜賢	00:40:42	00:40:07
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	160	1161	Cheng Yin Shan	鄭燕珊	00:40:44	00:40:35

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	161	1309	Chan Sau Chun	陳秀珍	00:40:59	00:40:52
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	162	1455	LAU LAI KWAN	劉麗群	00:41:00	00:40:46
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	163	1263	Chow Ka Ying	鄒嘉瑩	00:41:02	00:40:52
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	164	833B	Hsiao Chia Mei		00:41:07	00:40:50
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	165	1469	Li Ying Ying		00:41:07	00:41:04
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	166	1171	Tang Tsz Lam		00:41:19	00:41:04
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	167	1453	Yu Pik No	余碧娜	00:41:33	00:41:17
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	168	1250	Leong Hou Kuan		00:41:37	00:41:16
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	169	244B	TSANG SHUK YEE		00:41:42	00:41:18
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	170	244C	CHAN MAN HA		00:41:42	00:41:18
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	171	687E	Chan Yuen Man		00:41:47	00:41:24
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	172	226C	Lui Wing Yan		00:41:56	00:41:22
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	173	1333	yu hui yan		00:42:12	00:41:43
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	174	240A	Ng Yuk Fung		00:42:18	00:42:13
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	175	1442	Tse Mei Po		00:42:31	00:42:23
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	176	1366	Lau Hoi Ying	劉愷盈	00:42:57	00:42:21
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	177	1313	LEUNG WAI FONG		00:43:08	00:42:38
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	178	1351	Lo Ka Wai		00:43:12	00:42:58
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	179	1356	Kwong Wan Man		00:43:17	00:43:04
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	180	883B	LEUNG MAN TAO		00:43:20	00:43:01
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	181	1417	Chan Fu yuen		00:43:32	00:43:30
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	182	1468	LEE KA KI		00:43:35	00:43:23
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	183	1300	Lee Cho Lam	李楚琳	00:44:18	00:44:07
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	184	1342	LEUNG SZE PUI	梁詩蓓	00:44:18	00:44:06
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	185	1175	Kwan Lok Man Sally	關樂敏	00:44:30	00:44:26
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	186	1459	Lai Hoi Lam Winki	黎愷琳	00:44:33	00:44:20
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	187	1208	Tam Theodora		00:44:51	00:44:23
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	188	1206	HUNG NAM HING		00:44:51	00:44:47
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	189	227B	CHUNG MEI KWAN JOE		00:45:32	00:44:57
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	190	227D	LAW PUI TSZ		00:45:33	00:44:56
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	191	1407	lai tsz wai lilian	黎子蕙	00:45:40	00:44:57
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	192	1235	Yiu Mong Bing	姚夢冰	00:45:43	00:45:20
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	193	1368	CHAU YING SUET	周映雪	00:46:29	00:45:55
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	194	1323	LAW KA WING	羅嘉穎	00:46:30	00:45:55
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	195	1380	Ip Hoi Wing Rico		00:46:31	00:46:03
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	196	1400	Iam Tsui King joan	林翠瓊	00:46:36	00:46:15
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	197	265C	YIP YING KAN	葉瑩瑾	00:46:59	00:46:56
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	198	1310	Ip Wing Kwan	葉穎君	00:47:23	00:47:10
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	199	1401	KWOK YIN CHIT	郭彥媿	00:47:40	00:45:45
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	200	1168	Fong Yik Wa		00:49:25	00:49:16
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	201	211A	Cheung Tak Yu		00:51:20	00:50:54
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	202	217C	LEE TSZ KWAN		00:53:42	00:53:07
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	203	207B	WONG WAI		00:55:08	00:54:06
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	204	242D	HOI TAK I		00:55:23	00:54:56
個人女子青年2組(30 - 39歲)	Individual Female Elite Youth 2 (Age 30-39)	205	242B	HOI TAK TAI		00:55:25	00:54:57

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人女子學生組(14 - 17歲)	Individual Female Student (Age 14-17)	1	4007	LO OLIVE CHING WUN		00:22:41	00:22:37
個人女子學生組(14 - 17歲)	Individual Female Student (Age 14-17)	2	4009	AU HIU KWAN	區曉筠	00:28:32	00:27:49
個人女子學生組(14 - 17歲)	Individual Female Student (Age 14-17)	3	4013	Law Sum Yi	羅心怡	00:29:33	00:29:18
個人女子學生組(14 - 17歲)	Individual Female Student (Age 14-17)	4	830C	Tsui Helen		00:29:39	00:29:23
個人女子學生組(14 - 17歲)	Individual Female Student (Age 14-17)	5	4012	Wong Kwan Ning Jessie	黃筠甯	00:30:23	00:30:09
個人女子學生組(14 - 17歲)	Individual Female Student (Age 14-17)	6	4010	Sit Fei Ching		00:38:38	00:37:53
個人女子學生組(14 - 17歲)	Individual Female Student (Age 14-17)	7	4002	Tang Audrey	鄧蔚然	00:39:53	00:38:51

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	1	255A	Li chun pong David	李振邦	00:18:18	00:18:16
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	2	255B	LI Ryan		00:19:26	00:19:25
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	3	4092	Kwok Hang	郭亨	00:20:08	00:20:05
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	4	252C	Lai Chi Leung		00:20:57	00:20:55
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	5	254B	Chan Long Chi		00:21:10	00:21:08
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	6	4123	WONG YIU FAI	黃耀輝	00:21:26	00:21:24
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	7	4170	Wan Hin Pong		00:21:29	00:21:07
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	8	254C	Chik Ka Ming		00:22:00	00:21:56
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	9	4069	CHEUNG YIK CHUENG	張翼翔	00:22:39	00:22:31
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	10	204A	Kwok Chun Wah		00:22:40	00:22:35
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	11	4226	LAM CHI KIN	林志健	00:22:43	00:22:41
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	12	4118	Mo Anthony		00:23:01	00:22:54
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	13	4033	HO Kwun Man		00:23:16	00:23:00
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	14	4178	chan chi wah	陳志華	00:23:32	00:23:17
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	15	4234	LAW KA MAN		00:23:41	00:23:20
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	16	4232	Cheung Raymond		00:23:54	00:23:46
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	17	4187	Cheung Kenneth	張恭恒	00:24:17	00:24:11
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	18	4070	CHUNG CHI KUEN	鍾志權	00:24:33	00:23:58
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	19	4077	YUEN JOHNNY	袁睿	00:24:33	00:24:31
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	20	4245	Chui Kwok Piu	徐國彪	00:24:35	00:24:33
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	21	4107	Cheung LEO		00:24:54	00:24:46
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	22	4060	Ngai Kit Chung	魏傑忠	00:24:57	00:24:35
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	23	276F	Cheung Chin Hang		00:24:58	00:24:29
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	24	4121	Yuen Lap Kei	袁立基	00:25:01	00:24:56
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	25	4147	Yeung Chi Wai Thomas	楊志偉	00:25:13	00:24:25
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	26	4072	CHU KIN KEI	朱建基	00:25:18	00:25:00
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	27	4017	FUNG SAI ON		00:25:20	00:24:59
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	28	4054	Law Ming Cheung		00:25:29	00:25:25
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	29	4081	Wan Chun Po	溫鎮波	00:25:37	00:25:18
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	30	4188	Lam Wai Choi	林偉才	00:25:45	00:25:33
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	31	204B	Wong Wai Hon		00:25:52	00:25:47
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	32	4258	Chak Chi Kwan	翟志鈞	00:25:55	00:25:45
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	33	257C	ngan Joey	顏發	00:25:57	00:25:45
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	34	838C	SUM Kwan Ming Patrick		00:25:58	00:25:46
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	35	4038	Leung SK		00:26:00	00:25:27
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	36	4244	LEUNG WING KIT	梁榮傑	00:26:13	00:25:09
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	37	830B	Sze Gary		00:26:19	00:26:02
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	38	4037	Chan Ka Wai Jim	陳家偉	00:26:21	00:25:48
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	39	4015	Kwok Kai Nam Samson		00:26:25	00:26:03
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	40	258C	Fan Kit Wa Eddie		00:26:40	00:26:20
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	41	259E	LAI SHU SUM	黎樹森	00:26:48	00:26:18
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	42	4016	LUK YUN FAT	陸潤發	00:26:48	00:26:45
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	43	4149	Kwok Shu Yan		00:27:01	00:26:41
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	44	258A	Chan Si Chun		00:27:12	00:26:50
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	45	4099	Lau Chung Yan	劉頌恩	00:27:14	00:26:18
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	46	4132	Siu Wai Keung	蕭偉強	00:27:14	00:27:00
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	47	4040	Tse Man fai	謝文輝	00:27:18	00:26:47
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	48	4134	Lun Wai Man		00:27:21	00:27:14
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	49	4018	Wong Pak Ki		00:27:21	00:26:14
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	50	4034	FUNG KA WAI	馮家偉	00:27:22	00:26:36
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	51	4042	Wong Ka Fai	黃家輝	00:27:35	00:27:26
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	52	203B	WONG LUNG		00:27:48	00:27:18
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	53	206B	CHEUNG Wing Fai		00:27:52	00:27:39
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	54	259B	FUNG KIN PONG BRIAN	馮建邦	00:28:00	00:27:31
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	55	521G	HUANG Willa		00:28:08	00:27:59
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	56	4104	LEE HON MING		00:28:09	00:27:21
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	57	254D	Ho Wing Kin		00:28:21	00:28:06
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	58	4057	Ip Chak Ki Jacky		00:28:30	00:28:25
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	59	4103	Wong Chi Kit	黃志傑	00:28:30	00:28:26
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	60	260C	Wu WAI Kong'	胡偉江	00:28:32	00:28:14
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	61	270C	WU WILSON		00:28:37	00:28:33
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	62	4067	Lau Tsz Lok	劉子樂	00:28:44	00:28:16
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	63	257E	fok joe	霍永康	00:28:51	00:28:37
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	64	259C	NG KWOK HING		00:28:54	00:28:24
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	65	4122	KAM WAI KEI	甘偉基	00:29:06	00:28:43
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	66	4218	Chan Wilson		00:29:13	00:28:50
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	67	4064	HAU WING CHUNG	侯穎聰	00:29:17	00:28:35
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	68	4246	So Chi Yuen	蘇志遠	00:29:23	00:28:09
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	69	4185	Jor Kam Hung		00:29:24	00:28:17
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	70	4094	Lo Kwok Chi	盧國智	00:29:32	00:29:24
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	71	4127	Chang Tai Chuen	張泰川	00:29:35	00:28:39
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	72	254E	Leung Chi Hang		00:29:41	00:29:26
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	73	4255	Yan Ka Keung Patrick	殷家強	00:29:45	00:29:31
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	74	4248	LEUNG SHUN YU BENNY		00:30:01	00:29:45
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	75	4263	Au Cheung Kin	區祥健	00:30:03	00:29:44
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	76	282E	TAM TIM WAI PATRICK		00:30:03	00:29:56
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	77	203D	POON EDDY		00:30:05	00:29:35
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	78	4195	ng wai wah		00:30:13	00:29:59
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	79	4169	Lee Kwong Yiu, Don	李光耀	00:30:14	00:29:40
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	80	4153	hung wing yee	洪永宜	00:30:22	00:29:49

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	81	4262	Lo Chi Chung	盧志忠	00:30:23	00:29:52
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	82	259D	NGAN YING KIN	顏英健	00:30:27	00:30:05
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	83	4205	CHAN YEE MAN MANDY	陳泖雯	00:30:31	00:30:18
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	84	4260	Kong Chi Wai	江智偉	00:30:38	00:30:22
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	85	4097	fung yue		00:30:48	00:30:00
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	86	4235	Cheung Chi Chung	張賜聰	00:31:11	00:30:52
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	87	4261	Lo Man Wai	盧民偉	00:31:21	00:31:04
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	88	818D	HO Ming Lim		00:31:49	00:31:42
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	89	4259	Law Chiu Kwan	羅超群	00:31:50	00:31:36
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	90	258D	Wong Chi Chun		00:32:00	00:31:36
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	91	4253	Mok Chi Hang	莫志恆	00:32:06	00:31:05
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	92	4023	Chan Chi Chuen	陳智泉	00:32:14	00:31:49
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	93	4065	Lung Shun Heng Danny		00:32:25	00:32:04
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	94	231E	Leung Kelvin		00:32:31	00:32:23
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	95	4074	Or Yiu Cheung		00:32:34	00:31:42
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	96	4175	WONG KAM PO		00:32:34	00:32:29
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	97	4271	Yu King sing		00:32:37	00:32:18
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	98	231C	Wong Apu		00:32:37	00:32:28
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	99	4247	LAM SAI YEUNG BORIS		00:32:57	00:32:18
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	100	4110	LAM SAI CHUNG KENNETH	林世中	00:32:57	00:32:18
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	101	4222	Au Yeung Wai Keung	歐陽偉強	00:33:07	00:32:08
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	102	4154	Lo Hong Kei	盧康祺	00:33:11	00:32:55
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	103	4043	Wong Chung Yunn		00:33:21	00:32:51
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	104	4166	Yan Kai Yung	甄啟勇	00:33:23	00:32:50
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	105	258B	Pang Yui		00:33:28	00:33:05
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	106	4028	Ho Kwong Wa	何廣華	00:33:29	00:32:31
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	107	254A	Fong Po Chun		00:33:44	00:33:29
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	108	260D	Lee Keung		00:33:54	00:33:35
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	109	260F	Chan Andy		00:33:54	00:33:32
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	110	231B	Lau Yu Lun		00:33:55	00:33:47
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	111	4214	Chan Pengun		00:33:56	00:33:20
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	112	4087	NG ERIC	吳	00:34:08	00:33:54
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	113	282A	SHEK MAN FAI	石文輝	00:34:18	00:34:08
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	114	4249	Lee Kar Fai	李嘉輝	00:34:33	00:33:39
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	115	4210	Chu Wai Keung	朱偉強	00:34:37	00:34:30
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	116	205B	Wong Chi Yung		00:34:39	00:34:31
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	117	205C	Cheng Yung		00:34:40	00:34:31
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	118	4035	Lam Sze Kwan	林子君	00:35:09	00:34:51
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	119	4268	Wong fung chu	黃鳳珠	00:35:24	00:34:50
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	120	270D	WU PATRICK		00:35:40	00:35:34
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	121	4163	CHAN SHUK KWAN	陳淑君	00:35:46	00:34:54
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	122	240B	Leung Fuk Wah	梁福華	00:35:54	00:35:48
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	123	4059	YUEN NGA LUN ALAN		00:35:58	00:35:30
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	124	220B	Ng Tsz Ho Nigel		00:36:06	00:35:41
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	125	4085	Wong Ah Shing	黃亞成	00:36:17	00:35:46
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	126	4206	Tsai Mei Yi		00:36:21	00:35:44
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	127	4254	SZETO KING CHUNG STANLEY		00:36:22	00:35:45
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	128	4128	hui kam wai		00:36:36	00:35:54
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	129	4213	Wong Ho Tuen Patrick	黃浩端	00:37:00	00:36:19
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	130	4080	LI KA MING		00:37:19	00:36:38
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	131	4229	Siu Yat Man	蕭逸文	00:38:07	00:37:29
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	132	4086	Chu Lawrence	朱亮庭	00:38:18	00:37:23
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	133	4025	Luk Yiu Cheong		00:38:24	00:37:31
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	134	4270	Chan Lap Yung	陳立仁	00:38:28	00:37:57
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	135	4151	LAM CHUNG FAI		00:38:30	00:38:11
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	136	4120	So Wai Kwong		00:39:41	00:39:14
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	137	4129	Lee Kwok Chu		00:39:52	00:39:11
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	138	207D	LEUNG CHI FAI		00:40:18	00:39:15
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	139	207A	WONG WAI KEI	黃偉基	00:40:19	00:39:16
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	140	4105	Chau Ka Man		00:41:00	00:40:05
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	141	260E	Tsui Man Ngai	徐文毅	00:41:05	00:40:43
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	142	4136	Ma Ka Ning		00:41:29	00:41:17
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	143	4174	Ng Wai ki	伍偉其	00:43:08	00:42:29
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	144	203C	LEUNG LEWES		00:43:30	00:42:59
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	145	883A	CHENG WING LAM		00:43:48	00:43:27
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	146	4242	Wong Chi Hon	黃子漢	00:44:24	00:43:58
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	147	4027	Leung Pak Ho Pedro		00:44:47	00:43:52
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	148	4029	Wong Pui Yu		00:44:47	00:43:50
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	149	4265	Tang Wing Fai Thomas	鄧永輝	00:46:13	00:45:10
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	150	4125	Wong Man Hong		00:46:33	00:45:42
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	151	231D	Chan Steve		00:47:12	00:47:05
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	152	4400	Poon Yat Min		00:54:39	00:53:27
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	153	279E	CHENG WING		01:00:04	00:59:29
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	DNF	4019	wong chi cheung			
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	DNF	4049	CHAN TSAN HUNG	陳燦雄		
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	DNF	4066	Yung Wing hang edmond	容永恆		
個人男子壯年1組(40 - 49歲)	Individual Male Adult 1 (Age 40-49)	DNF	4078	Ma Siu Hung	馬兆鴻		

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	1	4351	Ip Kwok shing	葉國成	00:19:29	00:19:28
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	2	4341	LAI WAI CHEONG	黎偉昌	00:20:25	00:20:24
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	3	4321	Lai Kim Ming		00:21:57	00:21:56
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	4	4326	WONG TAI CHUN MARK		00:22:40	00:22:38
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	5	4346	ANG VICENT		00:22:45	00:22:44
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	6	4294	cheung man fai		00:23:20	00:23:18
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	7	255C	Chen chi shing Jebesen		00:24:26	00:24:23
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	8	4377	chiu pui wah	趙沛華	00:25:31	00:25:27
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	9	4276	Chan Chi Fai Ricky	陳志輝	00:25:41	00:25:25
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	10	4401	Loh David	樂大衛	00:25:48	00:25:44
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	11	4295	YEUNG WAI KWONG SUNNY		00:25:59	00:25:57
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	12	4312	cheng kam wing	鄭錦榮	00:26:15	00:26:00
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	13	4319	Lam Ming Kit	林銘傑	00:26:15	00:26:10
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	14	4358	CHAN HUNG WAI		00:26:16	00:26:04
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	15	4329	Tam Chi Choi	譚志才	00:26:18	00:25:17
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	16	4337	Li Chi Kwan Simon		00:26:41	00:26:36
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	17	888E	Liu Junchun	劉軍春	00:26:44	00:26:42
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	18	4372	Yang Yan Tak	楊恩德	00:26:49	00:26:49
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	19	273C	Ng Keng Wing		00:26:50	00:26:48
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	20	4382	Wong Kwok Keung		00:27:06	00:26:41
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	21	4345	Cheung Ying Fai	張英輝	00:27:34	00:27:22
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	22	4335	NG KWOK WING	吳國榮	00:27:51	00:27:48
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	23	278C	Chan Cham Kwong		00:28:01	00:27:39
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	24	4305	Tam CP		00:28:02	00:27:27
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	25	4375	Pang Shuen Wai Nichols	彭宣衛	00:28:11	00:27:58
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	26	4284	CHOY YUEN FU MAARK		00:28:18	00:28:08
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	27	4304	Man Kwok Wah		00:29:15	00:28:47
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	28	4291	CHEUNG YIU FAI JOHN		00:29:51	00:29:40
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	29	4365	Tse Lai Ming	謝禮銘	00:29:53	00:29:51
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	30	4330	Pun Pui Hung	潘沛鴻	00:30:01	00:29:07
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	31	4314	Chau Chun Kit	周俊傑	00:30:20	00:29:10
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	32	4328	CHEUNG KAM CHEUNG	張金祥	00:30:28	00:29:24
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	33	4277	KWOK DESERT	郭迪帥	00:30:49	00:30:31
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	34	4325	TAM CHAK PAN		00:31:14	00:30:43
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	35	4357	Cheung King Lam	張景林	00:31:17	00:30:17
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	36	4378	Cheung Yiu Wah	張耀華	00:31:19	00:30:56
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	37	4311	YU YAM KEUNG	余欽強	00:31:21	00:31:02
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	38	4363	CHENG KAM WA, WILLIAM		00:32:18	00:32:15
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	39	4298	NG TAK WAH	伍德華	00:32:25	00:31:18
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	40	4280	wong kwok leung	黃國亮	00:32:38	00:32:06
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	41	4278	yan wingchit	甄永捷	00:32:41	00:31:35
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	42	4334	NG Yat Wai		00:32:52	00:31:49
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	43	236E	Lee Bringle		00:32:55	00:32:52
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	44	4340	Yau Che Yan, Barry	游智仁	00:33:42	00:33:18
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	45	4274	Chan Sheung Chuen		00:34:10	00:33:27
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	46	4359	Fok Chi		00:34:14	00:34:07
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	47	4306	Ching Siu Kee		00:34:36	00:34:00
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	48	4324	wong T.K. sammy	黃達強	00:34:53	00:33:44
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	49	4289	Li Chi Ho		00:34:54	00:33:53
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	50	4303	Cheung Sau Kau Philip	張秀球	00:35:21	00:34:14
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	51	4381	CHOW KAM SIU JOSEPH		00:35:46	00:34:54
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	52	260A	Mok Kwok Keung		00:36:17	00:35:56
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	53	267A	chang min shing victor	鄭勉成	00:36:21	00:35:13
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	54	4287	Lee Pak Kwan Kevin	李柏均	00:36:43	00:36:04
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	55	4348	SUEN WING WAH	孫榮華	00:37:14	00:36:49
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	56	245E	Chu Yu Kwan		00:38:07	00:37:50
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	57	4361	Chan Kwan Ping	陳君平	00:38:07	00:37:17
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	58	4338	YUEN SHIU KWONG		00:38:15	00:38:09
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	59	4317	Loh David	樂大衛	00:38:15	00:38:09
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	60	4354	Chan Koon fai	陳冠輝	00:38:41	00:38:21
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	61	4350	Nam Rock	藍洛	00:38:54	00:38:25
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	62	4273	WONG WAI KEUNG	王維強	00:40:15	00:39:30
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	63	4360	Chan Hung Wa	陳洪華	00:40:40	00:39:40
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	64	230A	Poh Boon Cheng		00:41:58	00:41:51
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	65	230D	Wong Kwok Si		00:41:58	00:41:50
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	66	4343	Suen Yan Tai Eric		00:42:12	00:41:44
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	67	4315	LEUNG WAI HUNG EDDIE	梁偉雄	00:45:59	00:44:50
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	68	4283	CHEUNG CHI HUNG	張志雄	00:46:33	00:45:33
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	69	271F	Fung Kim Ming		00:48:41	00:48:36
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	70	282F	LEE PING TAK PETER	李炳德	00:59:27	00:59:17
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	71	279D	AU YEUNG YU CHAU	歐陽裕洲	01:00:04	00:59:29
個人男子壯年2組(50 - 59歲)	Individual Male Adult 2 (Age 50-59)	DNF	4333	Fung Wai Kuen Thomas			

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	1	4395	Kwok Wing Sing	郭永勝	00:21:59	00:21:57
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	2	4389	MOK Lai Chau	莫禮就	00:22:23	00:22:21
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	3	4385	AU-YEUNG Wai Keung Oliver	歐陽偉強	00:24:52	00:24:50
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	4	4393	CHENG Nang sut		00:26:05	00:26:02
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	5	4392	Young Ivan		00:28:58	00:28:50
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	6	268E	Chui Po fai	徐寶輝	00:29:26	00:29:20
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	7	4384	lo cheng sam	羅澄森	00:32:23	00:32:13
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	8	4396	Lung Tak Ping	龍德屏	00:32:43	00:32:19
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	9	4394	WONG KWOK WAH		00:44:44	00:43:55
個人男子長菁組 (60歲或以上)	Individual Male Veteran (Age 60 or above)	10	282C	CHAN KAY LEUNG		00:59:27	00:59:16

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	1	281C	Yeung Chi Wing		00:17:23	00:17:22
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	2	281D	Li Ka Hei		00:17:36	00:17:35
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	3	281F	Lau Hiu Wing		00:18:26	00:18:25
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	4	1009	Cheng Yu Long	鄭裕朗	00:18:34	00:18:30
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	5	281E	Leung Wai Chun		00:18:39	00:18:38
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	6	255E	Cheng Pui Hei		00:19:37	00:19:36
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	7	237B	MAK Chun Fung		00:20:29	00:20:23
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	8	255D	Cheung Chun Yuen		00:20:39	00:20:37
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	9	1037	To Long Wai Ronald	杜朗維	00:21:32	00:21:30
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	10	247A	Tsui Chau Lap	徐秋立	00:21:40	00:21:37
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	11	1015	Wong Chun Kit	黃俊傑	00:22:10	00:22:05
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	12	1030	WONG Ka Wing	黃家榮	00:22:20	00:22:16
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	13	237C	TAN TSZHANG		00:22:29	00:22:23
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	14	1098	WONG HONG YAU ZACK	黃康祐	00:22:38	00:22:33
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	15	221A	Chan Ho Man	陳灝汶	00:22:53	00:22:42
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	16	1043	Chung Marvin	鍾汶庭	00:22:56	00:22:51
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	17	237D	LI KA HO		00:23:13	00:23:06
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	18	221D	Chan Long Hin	陳朗軒	00:23:24	00:23:12
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	19	1089	Wu Po shing	Wu胡寶成	00:23:42	00:23:26
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	20	257A	HUI KA WAH		00:23:51	00:23:41
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	21	221C	Chan Kong Lam		00:24:12	00:24:00
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	22	218B	Choi Wai Lun Joshua		00:24:25	00:24:07
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	23	1110	Tam Pak Keung	譚柏強	00:24:57	00:24:33
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	24	880D	TANG CHUN KIT		00:25:06	00:25:01
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	25	880C	CHAN CHUNG HO		00:25:06	00:25:01
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	26	808C	Su Lingkai		00:25:14	00:25:08
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	27	1008	Ng Tsz Fung	吳梓峰	00:25:16	00:25:11
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	28	832B	YIU Hoi Kong		00:25:50	00:25:34
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	29	237E	LI YING KIT		00:25:53	00:25:46
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	30	221B	Ng Pan Ko		00:25:54	00:25:43
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	31	1057	Cai Shuhang	蔡曙航	00:26:03	00:25:57
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	32	1062	Yau Long Yin	丘朗然	00:26:08	00:25:40
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	33	1131	Wong Hiu lun	王曉麟	00:26:25	00:26:02
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	34	262D	Lam Matthew		00:26:30	00:26:18
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	35	225B	Wong Ka Hang		00:26:42	00:26:40
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	36	215C	Chan Wai Hung	陳偉雄	00:26:51	00:26:28
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	37	1103	SO CHI LOK	蘇智樂	00:26:54	00:24:59
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	38	1056	Tse Kam Shing	謝錦城	00:26:55	00:26:47
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	39	253C	Wong Chi Kin Bioni		00:27:06	00:27:02
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	40	1038	Peng Jiajin	彭嘉晉	00:27:07	00:26:40
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	41	232E	Wong Tak Ning		00:27:08	00:26:38
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	42	1040	YANG DONG	楊棟	00:27:21	00:27:14
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	43	277C	Siu Kurtis		00:27:23	00:26:56
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	44	276B	Tang Fai Cheong		00:27:29	00:27:03
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	45	828A	Yim Ho Cheung Hillman	嚴浩璋	00:27:31	00:27:17
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	46	215A	Yu Chun Wing	余俊穎	00:27:35	00:27:11
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	47	1082	Wong Kin Long	黃健朗	00:27:43	00:27:15
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	48	277F	Li Chun Sing		00:27:53	00:27:25
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	49	201D	CHAN PAK SHING	陳栢成	00:28:01	00:27:45
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	50	201C	Keung Chi Fai		00:28:02	00:27:45
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	51	687B	Kong Lee Wai		00:28:26	00:28:06
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	52	831C	Chang Su Fan		00:28:44	00:28:27
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	53	239D	Luk Sai Yin		00:28:47	00:28:43
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	54	1011	CHEUNG LOK HEI		00:28:59	00:28:30
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	55	1059	Chong Kin Ning		00:29:02	00:28:45
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	56	1094	Wong Cheuk Yin		00:29:02	00:28:49
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	57	278B	Chung Yuet Ming		00:29:03	00:28:41
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	58	1077	Sha Ho Hin	夏浩軒	00:29:20	00:29:03
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	59	249E	Chan Tin Ho		00:29:22	00:29:04
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	60	249C	Leung Pui San		00:29:22	00:29:04
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	61	262C	Tam Dennis Ho Man		00:29:29	00:29:17
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	62	1023	Wan Siu Him	溫兆謙	00:29:29	00:28:57
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	63	1088	Mok Chi Keung	莫智強	00:29:38	00:29:31
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	64	277D	Chan Wan	陳允	00:30:02	00:29:34
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	65	277B	Siu Quinton		00:30:03	00:29:36
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	66	1072	Lau Ka Fai	劉家輝	00:30:19	00:30:13
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	67	884D	TING LOK HENG		00:30:20	00:30:15
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	68	1067	Law Ching Hong		00:30:35	00:30:01
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	69	1130	TSE KIN BONG	謝建邦	00:30:41	00:30:25
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	70	1061	Kwok Wing Ho	郭詠豪	00:30:43	00:30:34
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	71	253E	cheung Hiu Fung		00:30:52	00:30:49
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	72	224A	Yu Sinhim	庾善謙	00:31:11	00:30:42
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	73	224C	Li Ka kin		00:31:11	00:30:43
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	74	215B	Chan Ka Shun		00:31:13	00:30:49
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	75	215D	Kwan Hang Kin		00:31:14	00:30:49
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	76	1096	Kong Chung Ho	江仲豪	00:31:21	00:30:45
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	77	223B	TANG TSZ HIN		00:31:31	00:31:01
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	78	1048	CHU KIN WAI	朱健偉	00:31:36	00:31:30
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	79	277E	Chan Heineberg		00:31:41	00:31:13
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	80	1006	Kwok Ming Tim	郭銘添	00:31:43	00:31:20

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	81	206C	NG Man Chun	吳文俊	00:32:00	00:31:47
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	82	218D	Yu Kung Pang		00:32:03	00:31:46
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	83	1147	Irawan Sugianto		00:32:03	00:31:29
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	84	808D	Chin Ming Kit		00:32:14	00:31:49
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	85	218C	Choi Shi Him Josiah		00:32:29	00:32:09
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	86	1071	Chan Derek Dick hay	陳迪希	00:32:29	00:31:54
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	87	278F	Chan Lik	陳力	00:32:31	00:32:04
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	88	1049	Lam King Sing		00:32:39	00:32:23
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	89	1104	Chan Ho Ching	陳皓呈	00:32:40	00:31:56
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	90	249B	IP Kit Pan		00:32:43	00:32:23
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	91	1065	LAM CHI TUNG	林志東	00:32:47	00:32:15
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	92	227A	TAM CHEUK SING		00:33:00	00:32:19
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	93	218A	Wong Wing Kit		00:33:16	00:32:56
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	94	1081	NG TSZ SHING	吳祉成	00:33:17	00:32:49
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	95	1028	Kwok Chung Nam	郭松南	00:33:30	00:33:12
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	96	239C	Ma Chun Cheung	馬俊樟	00:33:35	00:33:28
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	97	1114	CHOI KA WA	蔡嘉華	00:34:07	00:33:42
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	98	880E	YIP KING CHUNG		00:34:11	00:34:07
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	99	1132	Chan Ka Nok	陳嘉諾	00:34:26	00:34:10
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	100	687C	Kwan Kit Fung		00:34:55	00:34:32
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	101	1144	Tam Yan Ho	譚昕浩	00:34:57	00:34:53
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	102	1095	KONG KA YU KENNETH	江家譽	00:35:11	00:34:35
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	103	521F	TANG Matt		00:35:13	00:35:03
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	104	1127	HO LOK HEI	何諾晞	00:35:28	00:35:19
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	105	280C	wong ko hung		00:35:33	00:34:53
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	106	1122	Yeung Ka Ho	楊錄濠	00:35:33	00:35:19
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	107	831A	HO Chun Sing Kelvin		00:35:38	00:35:20
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	108	1133	WONG HIN WAI	黃軒瑋	00:35:41	00:34:48
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	109	1112	Leung Jacky		00:35:58	00:35:24
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	110	262E	Hui Chai Wai		00:36:15	00:36:02
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	111	013E	Zhang Bing		00:36:38	00:36:00
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	112	233E	CHAN Cheuk Hang		00:36:42	00:36:20
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	113	233A	PANG lok sang	彭樂笙	00:36:42	00:36:21
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	114	884C	WONG TING MAN		00:37:11	00:36:58
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	115	1102	LAW KIT YAN		00:37:26	00:37:17
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	116	888A	MAK Shiu Yin	麥紹賢	00:37:34	00:37:09
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	117	808B	Yap Choon Wei		00:38:27	00:38:21
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	118	1046	WU XUN	吳勛	00:38:33	00:38:17
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	119	259A	TANG SZE LUNG	鄧子龍	00:38:36	00:38:05
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	120	1106	LEUNG CHI PING	梁智平	00:39:37	00:39:02
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	121	1101	Mak Chi Lung	麥慈龍	00:40:14	00:39:41
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	122	1085	Kwok Ching Man		00:40:25	00:39:54
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	123	803B	KUNG HIN HANG		00:40:31	00:40:16
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	124	803C	LEE KA LOK		00:40:31	00:40:18
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	125	222C	Wong Ka Lap		00:41:19	00:40:45
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	126	818C	LI Richard Ruiqi		00:41:34	00:41:17
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	127	687F	Chan Wai Lun		00:41:47	00:41:25
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	128	687D	Chan Yuen Fu		00:41:47	00:41:25
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	129	1142	Heung Nam	向楠	00:43:04	00:42:22
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	130	828B	Lai Yiu Ho		00:43:10	00:42:53
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	131	888B	Chow Yin Wai		00:44:54	00:44:27
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	132	882A	TANG MANUEL JOAO		00:45:22	00:45:10
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	133	882E	CHIU WING YAN		00:45:31	00:45:19
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	134	224D	Chow Chi hin		00:47:24	00:46:53
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	135	223D	FUNG Tsz Ho		00:47:31	00:46:59
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	136	1145	Ho Yiu Nam	何耀南	00:49:11	00:39:21
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	137	211C	Cheung Tak Chun		00:51:20	00:50:55
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	138	211D	Cheung Tak Hei		00:51:20	00:50:54
個人男子青年1組(18 - 29歲)	Individual Male Elite Youth 1 (Age 18-29)	DNF	1020	Huang Sihan.Harris	黃思翰		

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	1	281B	Yeung Yui Sheung		00:18:11	00:18:10
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	2	1429	Lai Kat	賴吉	00:18:17	00:18:17
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	3	246A	Yiu Tsz Yan		00:20:53	00:20:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	4	247B	Wong Ho Cheong Ambrose		00:21:01	00:20:59
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	5	247D	Tsoi Wun Wah		00:21:03	00:21:00
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	6	1265	Chung King Yeung		00:21:22	00:21:16
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	7	273A	Wong Chi Kong	黃智江	00:21:26	00:21:24
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	8	255F	siu alfreds kar lok		00:21:34	00:21:32
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	9	1207	Yau Ka Shing	邱家盛	00:21:40	00:21:37
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	10	252D	Au Yeung Chun Hung		00:21:54	00:21:52
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	11	239A	HO CHUN FUNG	何震峯	00:22:06	00:22:03
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	12	1450	WAN SIU KEI	尹兆基	00:22:28	00:22:27
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	13	1392	Liu Chor Pui	廖楚培	00:22:46	00:22:37
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	14	1302	Mok Yin Tsun Yandrew	莫彥俊	00:22:54	00:22:51
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	15	1357	TANG NAI SHING	鄧乃誠	00:23:00	00:22:54
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	16	1475	Leung Vincent		00:23:09	00:23:07
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	17	272B	Chan Siu Chun		00:23:13	00:23:05
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	18	252A	lam tat fu		00:23:15	00:23:12
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	19	1398	HO RYAN		00:23:15	00:23:03
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	20	243B	CHAN YU FAI		00:23:27	00:23:26
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	21	1174	Yip Lung wan	葉龍灝	00:23:33	00:23:24
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	22	247C	Chiu Chun Yin		00:23:41	00:23:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	23	1273	CHIU Ho Chuen Ken	趙浩存	00:23:53	00:23:50
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	24	1337	LEE MAN KIT, LEO		00:24:02	00:23:55
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	25	244A	WONG CHIK WAI		00:24:15	00:23:52
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	26	1258	Wong Ethan		00:24:21	00:24:15
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	27	1328	Lai Leo Ho Chun	黎浩俊	00:24:23	00:24:15
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	28	1414	Fong Kwok Wai		00:24:24	00:24:02
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	29	1230	LAI CHI KIN	黎志健	00:24:38	00:24:24
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	30	202C	WONG CHUN MING		00:24:42	00:24:27
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	31	1409	Ngan Ho Yin		00:24:42	00:24:41
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	32	1160	Lau Wai Ki	劉煒麒	00:24:49	00:24:37
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	33	1404	Wai Lap chun	韋立駿	00:24:56	00:24:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	34	272C	Ma Man Chung		00:24:57	00:24:49
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	35	250C	Cheung Hau Lim		00:25:03	00:24:54
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	36	1260	Chan Kin Ho		00:25:10	00:24:53
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	37	272F	Chan Man Chung	陳敏聰	00:25:17	00:25:07
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	38	1393	TANG KA CHUN	鄧家俊	00:25:21	00:25:17
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	39	1425	Tam Chun sing	譚進昇	00:25:30	00:25:26
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	40	1376	Li Yu Cheung	CHEUNG LI	00:25:44	00:25:30
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	41	239B	Sin Chi Hang		00:25:47	00:25:42
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	42	1289	So Chun Him	蘇俊謙	00:25:49	00:25:32
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	43	1192	Wong Kai Chung		00:25:52	00:25:28
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	44	1237	CHIU CHUN YUE	趙震宇	00:25:53	00:25:41
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	45	1375	CHU AUR SHYANG		00:26:15	00:26:02
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	46	1238	LUI KOK WAI ALEX	呂珏偉	00:26:18	00:26:14
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	47	1341	FAN NGAI WING		00:26:18	00:26:04
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	48	1371	LAI SZE CHUN	黎思俊	00:26:21	00:26:21
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	49	1199	LAU WAI YAN	劉偉恩	00:26:22	00:26:12
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	50	1202	Cheuk Yu Hang		00:26:26	00:26:12
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	51	1446	Kan Hiu Wai Ronnie	簡曉為	00:26:26	00:26:20
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	52	253A	Chung Wai Ho		00:26:27	00:26:25
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	53	201A	LAM CHI HO		00:26:28	00:26:14
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	54	261C	Lau Sing Lok Charles		00:26:31	00:26:06
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	55	1413	Yu Kin Lok	余建樂	00:26:49	00:26:32
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	56	273B	Poon Andy		00:26:54	00:26:52
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	57	1262	WONG TSZ CHUNG		00:26:57	00:26:43
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	58	1298	Chiu Sun Tat		00:26:59	00:26:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	59	232B	Liu Sau Fung	廖秀峰	00:27:07	00:26:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	60	687A	Tsang Cheuk Yin		00:27:07	00:26:45
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	61	209B	Siu Omar		00:27:08	00:27:01
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	62	278E	Lam Pok Yin	林博研	00:27:08	00:26:44
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	63	243D	YIP YING HO	葉映豪	00:27:12	00:27:11
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	64	1163	Chan Yiu Ho	陳耀豪	00:27:14	00:26:58
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	65	250D	Lai Chun To	黎駿濤	00:27:23	00:27:14
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	66	1150	Ting Ka Ngai	丁加巍	00:27:23	00:27:02
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	67	1180	Ma Ho Yee		00:27:23	00:27:01
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	68	1241	KONG KA KIN		00:27:25	00:27:12
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	69	013A	NG GUAN LIM	黃元霖	00:27:27	00:27:24
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	70	1165	LI CHO FUNG	李楚鋒	00:27:28	00:27:11
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	71	209A	Mok Jacky	莫少雲	00:27:30	00:27:22
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	72	232C	Lau Siu Kei		00:27:30	00:27:01
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	73	1387	Chung Raymond		00:27:31	00:27:00
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	74	232A	Man Hiu Fai	文曉輝	00:27:31	00:27:04
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	75	1256	Hui Chi Hang	許志恒	00:27:32	00:27:13
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	76	1252	Fung Park Wah	馮柏樺	00:27:36	00:27:33
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	77	272A	Cheng Calvin		00:27:37	00:27:27
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	78	1424	Man Leung Chin Kevin		00:27:56	00:27:52
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	79	240C	Lun Hon Fan	倫漢勳	00:27:59	00:27:54
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	80	521H	TAM Ivan		00:28:09	00:28:01

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	81	1456	Tse Yu pun	謝裕斌	00:28:10	00:27:55
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	82	1270	Li Man Him Tony	李汶謙	00:28:11	00:27:55
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	83	833D	DIETLIN Philipp Hugo		00:28:18	00:28:16
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	84	259F	SIZTO CHI YUEN		00:28:22	00:27:52
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	85	1254	YUEN TING KONG	袁霆剛	00:28:29	00:28:09
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	86	1295	Lau Cheuk Lun	劉卓倫	00:28:30	00:28:22
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	87	1215	Wong Ching Kit		00:28:31	00:28:06
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	88	1154	Wong Lai Yin	黃禮賢	00:28:33	00:28:23
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	89	247E	Lai Kin Man		00:28:39	00:28:37
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	90	232D	Lee Yat Fan		00:28:43	00:28:15
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	91	273D	Hui Oliver		00:28:49	00:28:47
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	92	1239	Yeung Long Kei	楊朗基	00:28:59	00:28:36
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	93	273F	Chu Stephane		00:28:59	00:28:58
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	94	263E	LI YING KIN	李英健	00:29:06	00:28:58
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	95	1211	LAM TANG HAO	林鼎灝	00:29:08	00:28:49
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	96	1427	Hui Denny		00:29:12	00:28:57
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	97	202A	Yuen Moon Tong	袁滿堂	00:29:17	00:29:02
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	98	1319	Lee Tsz Chun	李子俊	00:29:18	00:28:57
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	99	1416	Palanisamy Gopala Krishnan		00:29:25	00:29:16
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	100	1324	Yip King Yu	葉勁宇	00:29:26	00:29:16
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	101	1153	Tam Kin Pang		00:29:29	00:29:22
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	102	270E	WU TOMMY		00:29:34	00:29:27
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	103	1296	TSE WAN KIN	謝允健	00:29:35	00:29:23
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	104	253D	Ho Chi Wai		00:29:38	00:29:34
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	105	1443	Leung Nga Wing Eric	梁雅榮	00:29:38	00:29:07
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	106	1156	NG CHUN KIT	吳俊傑	00:29:43	00:29:22
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	107	246B	Tang Wilkins		00:29:51	00:29:35
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	108	838D	Lau Wai Hang		00:29:58	00:29:45
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	109	257D	WONG PAK NIN	黃栢年	00:30:04	00:29:54
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	110	1220	Wong Chun Lok	黃俊樂	00:30:05	00:29:50
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	111	214A	Lai Shun Hang		00:30:06	00:29:47
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	112	261B	Chan Jeffrey		00:30:09	00:30:05
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	113	1436	NG YAN HON DANIEL	吳恩瀚	00:30:12	00:29:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	114	1322	YIU KOON MAN	姚冠文	00:30:12	00:29:39
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	115	884B	NG HOI PING KAS		00:30:21	00:30:16
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	116	1422	Ho Kwok Chi		00:30:31	00:30:07
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	117	1326	Lee Kwok Tung Barnes		00:30:31	00:30:14
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	118	1472	POON WAI KIN		00:30:33	00:30:25
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	119	1257	So Tsz Kin	蘇子健	00:30:36	00:30:31
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	120	210A	Li Chun To		00:30:41	00:30:10
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	121	250E	Siu Man Chun		00:30:41	00:30:31
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	122	1213	Chan Kam tim	陳錦添	00:30:44	00:30:23
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	123	214D	Tsang Chun Yin	曾進賢	00:30:49	00:30:30
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	124	1293	Wong Chick Huen Albert	黃植恒	00:31:00	00:30:44
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	125	1294	Chow Cheung Tai	周祥泰	00:31:00	00:30:00
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	126	248A	Lau Hon Fung	劉漢峯	00:31:04	00:30:40
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	127	818A	LIU Wai Ming		00:31:05	00:30:50
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	128	1204	Yu Tsz Sing		00:31:06	00:31:02
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	129	1189	Fung Chun Kit		00:31:07	00:30:58
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	130	1187	Mok Wang To		00:31:08	00:30:56
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	131	210B	Yip Chuen Ching		00:31:10	00:30:39
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	132	1284	WONG KA IEONG		00:31:13	00:30:43
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	133	220D	Tsui Yu Sing		00:31:14	00:30:54
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	134	273E	Li Christopher		00:31:14	00:31:12
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	135	239E	Yeung Tik Kwong		00:31:16	00:31:10
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	136	1280	Cheung Ning Fung		00:31:20	00:31:12
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	137	1372	WAN KA HO	尹嘉豪	00:31:25	00:30:57
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	138	1421	Kwok Moon Yin	郭滿賢	00:31:27	00:30:57
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	139	276C	Lo Chi Wa	盧智華	00:31:42	00:31:14
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	140	1245	Ma Kai pong Marco	馬啟邦	00:31:47	00:31:27
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	141	1467	CHONG CHI CHUNG		00:31:52	00:31:25
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	142	1339	Woo Pui lun	胡霽麟	00:31:52	00:31:49
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	143	267C	Tsui Chun Sing Jeff		00:31:57	00:30:37
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	144	1188	WU HO KEI	胡浩基	00:32:07	00:31:50
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	145	808A	Fong Wai Hau	方偉侯	00:32:14	00:31:49
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	146	1412	HO Chung Leung	何仲樑	00:32:16	00:31:41
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	147	1394	Kwokk Kim Man		00:32:31	00:32:04
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	148	238B	Ho Kwan Ping		00:32:33	00:31:57
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	149	206D	LEUNG Kin Pong	梁建邦	00:32:35	00:32:24
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	150	828C	Li Ka Lun		00:32:49	00:32:36
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	151	521I	LAI Alex		00:32:51	00:32:41
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	152	1362	LOK Ka-wing		00:32:51	00:32:34
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	153	272D	Au Tak Wai	區德偉	00:32:51	00:32:40
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	154	1345	Yuen Long Ting	阮煥庭	00:33:18	00:33:02
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	155	1205	LEUNG Ho Man	梁浩文	00:33:36	00:33:27
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	156	202D	Law Shung Kwong		00:33:45	00:33:29
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	157	1423	Lai Matthew	黎希民	00:33:46	00:33:23
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	158	1347	Li Chun Wah Jason		00:33:51	00:33:36
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	159	1281	Leung Kok Yiu Andy		00:33:55	00:33:50
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	160	1223	Chan See Man	陳詩敏	00:33:57	00:33:48

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	161	270F	CHEUNG KEVIN		00:34:02	00:33:59
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	162	1477	CHAN YIK CHEUNG		00:34:03	00:33:36
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	163	884A	WONG CHI KIT		00:34:13	00:34:07
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	164	248B	Lee Kei Sing		00:34:19	00:33:56
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	165	1385	Chan Sze Chun	ChanSze Chan	00:34:28	00:34:03
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	166	205A	Cheung Kai Chung Jacky	張啟聰	00:34:39	00:34:31
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	167	272E	Ho Wing To		00:34:41	00:34:31
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	168	1367	Li Wing Hang	李穎衡	00:34:47	00:34:16
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	169	1373	LI CHI HO	李智豪	00:34:49	00:34:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	170	1478	CHOI WAI LEUK		00:34:52	00:34:20
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	171	248D	Choi Yan Kit		00:34:54	00:34:31
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	172	1283	Hui Chi kin	許志健	00:35:02	00:34:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	173	243C	LAU KA CHUN		00:35:14	00:35:12
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	174	830A	YIP Isaac		00:35:19	00:34:59
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	175	1464	WONG KIU YU	王喬雨	00:35:21	00:35:10
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	176	280F	Law Chin wang		00:35:33	00:34:53
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	177	833A	Chan Yat Wai Leo	陳日偉	00:35:33	00:35:17
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	178	243E	HO YU YAU		00:35:42	00:35:40
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	179	1358	Cheung Wai man	張慧雯	00:36:00	00:35:41
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	180	1428	Cheung Wing Yan	張詠欣	00:36:27	00:36:06
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	181	1448	Tse Sze chun	謝思進	00:36:31	00:36:11
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	182	1198	CHOW WING HANG	周穎鏗	00:36:39	00:36:13
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	183	1185	Mak Yuen Pang	麥遠鵬	00:36:44	00:36:36
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	184	275F	Wong Ka Ho	黃家豪	00:36:49	00:36:27
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	185	880A	WONG CHUN TAT		00:36:52	00:36:51
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	186	1216	Yuen Siu Nam	袁兆楠	00:36:53	00:36:51
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	187	225D	Li Veronica Long Yi		00:36:56	00:36:53
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	188	1229	Ng Ka Man	吳嘉敏	00:37:04	00:36:37
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	189	838B	Lui Bernice Choi Benny		00:37:06	00:36:51
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	190	219C	Ho Yu Kwong		00:37:10	00:36:56
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	191	1325	Lee Heung Wing	李向榮	00:37:14	00:37:04
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	192	1363	Chiu Sai Ho	趙世濠	00:37:37	00:37:29
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	193	1397	Kuok Chi Seng	郭志成	00:37:46	00:37:43
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	194	1439	Ng King Man		00:37:47	00:37:28
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	195	1201	Ng Matchy		00:37:55	00:37:21
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	196	238D	Wong Kwok Keung		00:37:56	00:37:19
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	197	888D	Cheung Fat Kwai		00:37:56	00:37:30
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	198	1272	Ko Kin hin	高健軒	00:38:02	00:28:16
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	199	818B	CHEUNG Brian		00:38:06	00:37:50
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	200	1167	CHAN WAI FUNG ARTHUR	陳蔚鋒	00:38:14	00:37:41
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	201	217A	Wong Chun Wai	黃峻維	00:38:17	00:37:44
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	202	249D	Yip Ka Wai		00:38:29	00:38:12
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	203	1243	Wu Ming Hei	胡銘熙	00:38:34	00:38:09
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	204	213B	WONG HO YIN		00:38:54	00:38:26
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	205	213D	TANG CHUN PUI		00:38:55	00:38:25
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	206	213C	TONG TSZ CHUNG	唐子聰	00:38:55	00:38:25
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	207	245B	Kut Chun Kin		00:38:56	00:38:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	208	1382	TSANG CHUN HUNG	曾振雄	00:39:20	00:38:39
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	209	1369	wong kwong nam		00:39:38	00:39:08
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	210	229A	LEUNG FOON HANG		00:39:40	00:39:28
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	211	229C	Ng Kar Ho		00:39:40	00:39:29
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	212	1203	Au Lap Ka		00:39:48	00:39:36
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	213	1158	Lai Cheuk Hung	黎卓鴻	00:39:49	00:39:14
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	214	202B	Ho Kim Hung		00:40:21	00:40:04
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	215	1438	Chan Wai To	陳偉滔	00:40:45	00:40:17
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	216	1437	CHIU CHU MING	趙柱銘	00:40:50	00:40:21
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	217	1226	YAU KIN WANG	邱健宏	00:40:50	00:40:09
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	218	1410	Lam Ka wai	林嘉韋	00:41:07	00:40:25
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	219	1228	Ng Chu Fung Clement		00:41:19	00:41:04
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	220	1396	Li Man Ngai	李文藝	00:42:14	00:32:21
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	221	240D	Law Chin Pang	羅展鵬	00:42:18	00:42:14
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	222	1162	Ho ChiWai	何智偉	00:42:23	00:32:28
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	223	1391	LEUNG YIUMING	梁耀明	00:43:07	00:42:38
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	224	818F	LEUNG Gary		00:43:10	00:43:10
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	225	1282	CHAN KAR HO JACKY	陳家豪	00:45:16	00:44:44
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	226	1420	Chiu Chi Hang	趙智恒	00:45:35	00:45:25
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	227	1253	WONG MAN WAI		00:46:16	00:45:56
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	228	013D	Wen Wai		00:47:31	00:46:53
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	229	242E	CHAN KA U		00:55:16	00:54:51
個人男子青年2組(30 - 39歲)	Individual Male Elite Youth 2 (Age 30-39)	230	242A	WONG MING HO	王明浩	00:55:25	00:54:57

海航·奧比斯跑向光明

(8 April 2017, Temp:23-27 C Relative Humidity: 73 - 93 %)

組別	Category	Category Position	Bib	Name	中文姓名	OfficialTime	ChipTime
個人男子學生組(14 - 17歲)	Individual Male Student (Age 14-17)	1	4004	LAM BING TAI	林炳泰	00:19:47	00:19:45
個人男子學生組(14 - 17歲)	Individual Male Student (Age 14-17)	2	4003	CHEUNG YU HIN	張宇軒	00:25:47	00:24:42
個人男子學生組(14 - 17歲)	Individual Male Student (Age 14-17)	3	4005	Lam Ling Shun	林令淳	00:26:43	00:26:39
個人男子學生組(14 - 17歲)	Individual Male Student (Age 14-17)	4	4006	Kwok Ka Kuen		00:27:44	00:27:10
個人男子學生組(14 - 17歲)	Individual Male Student (Age 14-17)	5	4001	Au Lap Hang		00:30:26	00:29:55
個人男子學生組(14 - 17歲)	Individual Male Student (Age 14-17)	6	257F	Chan Thomas		00:32:49	00:32:39
個人男子學生組(14 - 17歲)	Individual Male Student (Age 14-17)	7	4011	Chan Tsz Yui		00:35:28	00:34:47