



## 4.5 公里隊際盃報名表格 Application Form of 4.5KM Group Cup

成功報名參加 4.5 公里個人組別的參賽者，可與朋友組隊競逐 4.5 公里隊際盃。每名參賽者限報一隊，每隊人數為 4 名，總成績以首 3 名完成賽事的隊員時間總和決定。

請於 2019 年 11 月 15 日或之前填妥隊際盃報名表格，並電郵至 pocarirun@sportsoho.com 歡迎各跑會，公司或團體參加!

Participants can team up with your friends who have successfully enrolled in 4.5KM Individual Run to win the 4.5KM Group Cup. Each participant can sign up for one team only. Each team has 4 members. Result will be determined by the total time of the first 3 team members.

Please fill in the Group Cup Registration form and email to pocarirun@sportsoho.com on or before 15th November 2019. We welcome running clubs, corporations and organizations to fight for the Cup!

隊伍名稱 Team Name : \_\_\_\_\_

參加者姓名 Name of Applicant		申請編號 Application Number (e.g. pocari_300001)
隊長 Captain		
隊員 Team Member 1		
隊員 Team Member 2		
隊員 Team Member 3		